

**UW Medicine**

UW SCHOOL  
OF MEDICINE

**24<sup>th</sup> Annual  
Clinical Cardiology Pearls for  
Primary Care**



**Friday  
May 2, 2025  
Live Webinar**

Sponsored by UW School of Medicine  
Division of Cardiology  
Office of Continuing Medical Education

## TARGET AUDIENCE

This course is designed for primary care providers, including naturopathic physicians, nurses, nurse practitioners, pharmacists, physicians, physician associates, psychologists, and others interested in cardiology.

## COURSE DESCRIPTION

This course offers practical, up-to-date insights on common cardiovascular diseases. Expert faculty from the University of Washington School of Medicine will use case-based lectures and interactive tools to promote engagement. Topics include recent guidelines on hypertension, cholesterol management, primary prevention, atrial fibrillation, and heart failure, as well as the diagnosis and treatment of coronary artery disease, valvular heart disease, and arrhythmias. Practical issues like anticoagulant use and appropriate cardiovascular imaging will also be covered. The course concludes with a comprehensive multiple-choice review session led by the course chairs.

## COURSE OBJECTIVES

- Manage high blood pressure using updated guidelines (2017 ACC/AHA, 2020 ISH).
- Apply cholesterol guidelines and novel treatments for patients with cardiac risk factors and atherosclerotic disease.
- Classify chest pain and select appropriate stress and imaging tests based on current guidelines.
- Prescribe evidence-based diet and exercise plans to lower cardiovascular risk.
- Evaluate valvular heart disease, identifying when to refer for echocardiograms or valve repair/replacement.
- Treat palpitations and determine when to use heart rhythm monitors or refer to cardiology.
- Manage atrial fibrillation with anticoagulants, rhythm control, or specialist referral as needed.
- Treat heart failure with guideline-directed therapies, including novel drugs like ARNI and SGLT2 inhibitors.

## ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees.

## FEES AND REGISTRATION

To enroll, please register online at [uwcme.org](http://uwcme.org).

Registration	Virtual
All Learners	\$200.00
*Resident/Fellow/Student	\$125.00
<i>*Resident/Fellow/Student rates require written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.</i>	

Beginning April 18, 2025, the registration rate will increase by \$25.00.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at [cme@uw.edu](mailto:cme@uw.edu). Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

## ACCREDITATION

**Accreditation with Commendation:** The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation:** The University of Washington School of Medicine designates this Live activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



## ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available starting on April 25, 2025, for registrants to print and/or download. A digital booklet with the conference agenda and pages for note-taking will be uploaded with course materials.

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by April 18, 2025. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after April 18, 2025. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu).

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)



## Course Co-Chairs

### **Alec Moorman, MD, FACC**

Clinical Professor  
Division of Cardiology  
Section Head, General Cardiology  
Physician, Eastside Specialty Center  
UW Medicine

### **Ruchi Kapoor, MD, PhD**

Clinical Assistant Professor  
Division of Cardiology  
Attending Physician  
UW Medical Center | Montlake  
Physician, Eastside Specialty Center  
UW Medicine

## UW Faculty

### **Marta Alhama-Belotto, MD**

Clinical Associate Professor  
Division of Cardiology  
Attending Physician  
Director, Clinical Cardio-Oncology  
Harborview Medical Center

### **Uyanga Batnyam, MD**

Assistant Professor of Medicine  
Attending Physician  
UW Medical Center | Montlake

### **Danelle (Danee) Hidano, MD**

Acting Assistant Professor of Medicine  
Division of Cardiology  
Harborview Medical Center

### **Preethi Pirlamarla, MD**

Clinical Assistant Professor of Medicine  
Attending Physician  
UW Medical Center | Montlake

### **Savitha Subramanian, MD**

Professor  
Division of Metabolism, Endocrinology & Nutrition  
Director, UW Lipid Clinic  
UW Medicine

### **Vidhushei (Vid) Yogeswaran, MD**

Acting Instructor of Medicine  
Division of Cardiology  
UW Medical Center | Montlake

# Friday, May 2, 2025

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- 8:00** Welcome and Introduction | *Alec Moorman, MD, FACC & Ruchi Kapoor, MD, PhD*
- 8:05** Prevention Pearls | *Alec Moorman, MD, FACC*
- 8:55** Contemporary Cholesterol Management | *Savitha Subramanian, MD*
- 9:45** **BREAK**
- 10:00** Hypertension Guidelines and Updates | *Danelle (Danee) Hidano, MD*
- 10:50** Evaluating Heart Murmurs | *Vidhushei (Vid) Yogeswaran, MD*
- 11:40** **LUNCH**
- 12:40** Atrial Fibrillation | *Uyanga Batnyam, MD*
- 1:30** Heart Failure for Primary Care | *Preethi Prilamarla, MD*
- 2:20** **BREAK**
- 2:35** Evaluating the Patient with Chest Pain | *Marta Alhama-Belotto, MD*
- 3:25** Palpitations and Monitors | *Ruchi Kapoor, MD*
- 4:15** Q&A Review Session | *Alec Moorman, MD, FACC & Ruchi Kapoor, MD*
- 4:45** **ADJOURN**